



Programme Joining Agreement

All Rev5 sessions are 1-1 with a trainer, and exclusive use of the Rev5 facility. Please tick the option you wish to take:

Phase 1: Fast Track Fitness Building Programme	Price options
One weekly session During the initial phase of your Rev5 training, you will be progressively bringing your strength and muscle fibre quality to the optimal level set by your genetic potential.	<input type="checkbox"/> £185 per month Payable by Direct Debit minimum period of 6 months <input type="checkbox"/> £1054 upfront fee for 6 months (with 5% discount- save an extra £56)

Phase 2: Maintenance and Progressive Strength	Price options
One session every two weeks After 6 months, clients have the option to decrease the frequency of workouts in order to build on the progress they have achieved already.	<input type="checkbox"/> £95 per month Payable by Direct Debit minimum period of 12 months. Option available after 6 months of phase 1 training. <input type="checkbox"/> £1,083 for 12 months upfront (with 5% discount – save an extra £57)

Payment methods:

We accept payment by cheque, cash, card, Direct Debit (see attached) or by BACS transfer to:
Rev5 Limited | S/c: 08 92 50 | A/c: 68603999

Terms and conditions

- We require a minimum of 24 hours notice for cancellations. We cannot guarantee a refund or rescheduling for sessions cancelled with less than 24 hours notice.
- Prices will be maintained for a minimum of 12 months after starting your programme, however they may be subject to change in future.
- The phase 1 programme covers 24 sessions over the 6 month period. Any sessions above and beyond the 24 (allowing for calendar month variations) are free. Up to 4 vouchers for 'pay as you go' sessions can be redeemed for future use, or use by family and friends, at your request, should you fall short of your session allocation (through illness or holidays for example). No monetary refund will be provided.
- The phase 2 programme covers 24 sessions over the year. Any sessions above and beyond the 24 (allowing for calendar month variations) are free. Up to 4 vouchers for 'pay as you go' sessions can be redeemed for future use, or use by family and friends, at your request, should you fall short of your session allocation (through illness or holidays for example). No monetary refund will be provided.

Name: _____ Email: _____ Tel: _____

Home address: _____

I confirm that I have read and understood the terms and conditions above and wish to become a member of the Rev5 training programme.

Signed

Date: _____

For bookings: please contact Magdalena Wronska on 07429 523 722 or email hello@rev5.co.uk